

Month	Day	Date	Time	School	Court	Team	Notes	OVA Tournaments & Provincials
October	Wednesday	02	6pm to 8pm	Odyssee	1	U14G Davis	CUPE Strike - GYM CLOSED	
October	Wednesday	09	6pm to 8pm	Odyssee	1	U14G Davis		
October	Wednesday	16	6pm to 8pm	Odyssee	1	U14G Davis		
October	Sunday	20	10am to 1pm	Nipissing	B1	U14G Davis	Strength & Conditioning BEFORE practice	
October	Wednesday	23	6pm to 8pm	Odyssee	1	U14G Davis		
October	Sunday	27	11:30am to 1pm	Nipissing	A1	U14G Davis	No Strength & Conditioning	
October	Wednesday	30	6pm to 8pm	Odyssee	1	U14G Davis		
November	Sunday	03	2pm to 5pm	Nipissing	B1	U14G Davis	Strength & Conditioning AFTER practice	
November	Wednesday	06	6pm to 8pm	Odyssee	1	U14G Davis		
November	Sunday	10	1pm to 2:30pm	Nipissing	A1	U14G Davis	No Strength & Conditioning	
November	Wednesday	13	6pm to 8pm	Odyssee	1	U14G Davis		
November	Sunday	17	10am to 1pm	Nipissing	B1	U14G Davis	Strength & Conditioning BEFORE practice	
November	Wednesday	20	6pm to 8pm	Odyssee	1	U14G Davis		
November	Sunday	24	10am to 11am	Nipissing	B1	U14G Davis	Strength & Conditioning Only	OVA Tournament
November	Wednesday	27	6pm to 8pm	Odyssee	1	U14G Davis		
December	Sunday	01	10am to 1pm	Nipissing	B1	U14G Davis	Strength & Conditioning BEFORE practice	
December	Wednesday	04	6pm to 8pm	Odyssee	1	U14G Davis		
December	Sunday	08	10am to 1pm	Nipissing	B1	U14G Davis	Strength & Conditioning BEFORE practice	
December	Wednesday	11	6pm to 8pm	Odyssee	1	U14G Davis		
December	Saturday	14	8am to 8pm	Nipissing	A-B-C	All Teams	Hosting an OVA Tournament (U18G)	
December	Sunday	15	10am to 1pm	Nipissing	B1	U14G Davis	Strength & Conditioning BEFORE practice	
December	Wednesday	18	6pm to 8pm	Odyssee	1	U14G Davis		
December	Wednesday	25	6pm to 8pm	Odyssee	1	U14G Davis	Gym Closed	
January	Wednesday	01	6pm to 8pm	Odyssee	1	U14G Davis	Gym Closed	
January	Wednesday	08	6pm to 8pm	Odyssee	1	U14G Davis		
January	Wednesday	15	6pm to 8pm	Odyssee	1	U14G Davis		
January	Sunday	19	1pm to 2:30pm	Nipissing	A1	U14G Davis	No Strength & Conditioning	
January	Wednesday	22	6pm to 8pm	Odyssee	1	U14G Davis		
January	Saturday	25	8am to 8pm	Nipissing	A-B-C	All Teams	Hosting an OVA Tournament (U16G)	
January	Sunday	26	10am to 1pm	Nipissing	B1	U14G Davis	Strength & Conditioning BEFORE practice	
January	Wednesday	29	6pm to 8pm	Odyssee	1	U14G Davis		
February	Sunday	02	10am to 1pm	Nipissing	B1	U14G Davis	Strength & Conditioning BEFORE practice	
February	Wednesday	05	6pm to 8pm	Odyssee	1	U14G Davis		

February	Sunday	09	10am to 11am	Nipissing	B1	U14G Davis	Strength & Conditioning Only	OVA Tournament
February	Wednesday	12	6pm to 8pm	Odyssee	1	U14G Davis		
February	Sunday	16	10am to 1pm	Nipissing	B1	U14G Davis	Strength & Conditioning BEFORE practice	
February	Wednesday	19	6pm to 8pm	Odyssee	1	U14G Davis		
February	Sunday	23	1:30pm to 2:30pm	Nipissing	A1	U14G Davis	No Strength & Conditioning	
February	Wednesday	26	6pm to 8pm	Odyssee	1	U14G Davis		
March	Sunday	01	10am to 1pm	Nipissing	B1	U14G Davis	Strength & Conditioning BEFORE practice	
March	Wednesday	04	6pm to 8pm	Odyssee	1	U14G Davis		
March	Sunday	08	10am to 11am	Nipissing	B1	U14G Davis	Strength & Conditioning BEFORE practice	OVA Tournament
March	Wednesday	11	6pm to 8pm	Odyssee	1	U14G Davis		
March	Sunday	15	10am to 1pm	Nipissing	B1	U14G Davis	Strength & Conditioning BEFORE practice	
March	Wednesday	18	6pm to 8pm	Odyssee	1	U14G Davis	Gym Closed	
March	Sunday	22	2pm to 5pm	Nipissing	C1	U14G Davis	Strength & Conditioning BEFORE practice	
March	Wednesday	25	6pm to 8pm	Odyssee	1	U14G Davis		
April	Wednesday	01	6pm to 8pm	Odyssee	1	U14G Davis		
April	Sunday	05	10am to 1pm	Nipissing	B1	U14G Davis	Strength & Conditioning BEFORE practice	
April	Wednesday	08	6pm to 8pm	Odyssee	1	U14G Davis		
April	Wednesday	15	6pm to 8pm	Odyssee	1	U14G Davis		Provincials Apr 19-21