

Month	Day	Date	Time	School	Court	Team	Notes	OVA Tournaments & Provincials
October	Tuesday	01	7pm to 9pm	Fricker	1	U17B Truswell		
October	Thursday	03	7pm to 9pm	Fricker	1	U17B Truswell	CUPE Strike - GYM CLOSED	
October	Tuesday	08	7pm to 9pm	Fricker	1	U17B Truswell		
October	Thursday	10	7pm to 9pm	Fricker	1	U17B Truswell		
October	Tuesday	15	7pm to 9pm	Fricker	1	U17B Truswell		
October	Thursday	17	7pm to 9pm	Fricker	1	U17B Truswell		
October	Sunday	20	1pm to 4pm	Nipissing	C2	U17B Truswell	Strength & Conditioning AFTER practice	
October	Tuesday	22	7pm to 9pm	Fricker	1	U17B Truswell		
October	Thursday	24	7pm to 9pm	Fricker	1	U17B Truswell		
October	Sunday	27	10:00am to 11:30am	Nipissing	A2	U17B Truswell	No Strength & Conditioning	
October	Tuesday	29	7pm to 9pm	Fricker	1	U17B Truswell		
October	Thursday	31	7pm to 9pm	Fricker	1	U17B Truswell		
November	Sunday	03	10:00am to 11:30am	Nipissing	C	Little Lakers		
November	Sunday	03	11:30am to 3pm	Nipissing	C2	U17B Truswell	Strength & Conditioning AFTER practice	
November	Tuesday	05	7pm to 9pm	Fricker	1	U17B Truswell		
November	Thursday	07	7pm to 9pm	Fricker	1	U17B Truswell		
November	Sunday	10	10:00am to 11:30am	Nipissing	A	Little Lakers		
November	Sunday	10	11:30am to 1pm	Nipissing	A2	U17B Truswell	No Strength & Conditioning	
November	Tuesday	12	7pm to 9pm	Fricker	1	U17B Truswell		
November	Thursday	14	7pm to 9pm	Fricker	1	U17B Truswell		
November	Sunday	17	10:00am to 11:30am	Nipissing	C	Little Lakers		
November	Sunday	17	12pm to 3pm	Nipissing	C2	U17B Truswell	Strength & Conditioning AFTER practice	
November	Tuesday	19	7pm to 9pm	Fricker	1	U17B Truswell		
November	Thursday	21	7pm to 9pm	Fricker	1	U17B Truswell		
November	Sunday	24	10:00am to 11:30am	Nipissing	C	Little Lakers		
November	Sunday	24	12pm to 3pm	Nipissing	C2	U17B Truswell	Strength & Conditioning AFTER practice	
November	Tuesday	26	7pm to 9pm	Fricker	1	U17B Truswell		
November	Thursday	28	7pm to 9pm	Fricker	1	U17B Truswell		
December	Sunday	01	10:00am to 11:30am	Nipissing	C	Little Lakers		
December	Sunday	01	12pm to 3pm	Nipissing	C2	U17B Truswell	Strength & Conditioning AFTER practice	OVA Tournament
December	Tuesday	03	7pm to 9pm	Fricker	1	U17B Truswell		
December	Thursday	05	7pm to 9pm	Fricker	1	U17B Truswell		
December	Sunday	08	10:00am to 11:30am	Nipissing	C	Little Lakers		

December	Sunday	08	12pm to 3pm	Nipissing	C2	U17B Truswell	Strength & Conditioning AFTER practice	
December	Tuesday	10	7pm to 9pm	Fricker	1	U17B Truswell		
December	Thursday	12	7pm to 9pm	Fricker	1	U17B Truswell		
December	Saturday	14	8am to 8pm	Nipissing	A-B-C	All Teams	Hosting an OVA Tournament (U18G)	
December	Sunday	15	10:00am to 11:30am	Nipissing	C	Little Lakers		
December	Sunday	15	12pm to 3pm	Nipissing	C2	U17B Truswell	Strength & Conditioning AFTER practice	
December	Tuesday	17	7pm to 9pm	Fricker	1	U17B Truswell		
December	Thursday	19	7pm to 9pm	Fricker	1	U17B Truswell		
January	Tuesday	07	7pm to 9pm	Fricker	1	U17B Truswell		
January	Thursday	09	7pm to 9pm	Fricker	1	U17B Truswell		
January	Sunday	12	10:00am to 11:30am	Nipissing	A	Little Lakers		
January	Sunday	12	11:30am to 1pm	Nipissing	A2	U17B Truswell	No Strength & Conditioning	OVA Tournament
January	Tuesday	14	7pm to 9pm	Fricker	1	U17B Truswell		
January	Thursday	16	7pm to 9pm	Fricker	1	U17B Truswell		
January	Sunday	19	10:00am to 11:30am	Nipissing	A	Little Lakers		
January	Sunday	19	11:30am to 1pm	Nipissing	A2	U17B Truswell	No Strength & Conditioning	
January	Tuesday	21	7pm to 9pm	Fricker	1	U17B Truswell		
January	Thursday	23	7pm to 9pm	Fricker	1	U17B Truswell		
January	Saturday	25	8am to 8pm	Nipissing	A-B-C	All Teams	Hosting an OVA Tournament (U16G)	
January	Sunday	26	10:00am to 11:30am	Nipissing	C	Little Lakers		
January	Sunday	26	12pm to 3pm	Nipissing	C2	U17B Truswell	Strength & Conditioning AFTER practice	
January	Tuesday	28	7pm to 9pm	Fricker	1	U17B Truswell		
January	Thursday	30	7pm to 9pm	Fricker	1	U17B Truswell		
February	Sunday	02	10:00am to 11:30am	Nipissing	C	Little Lakers		
February	Sunday	02	12pm to 1pm	Nipissing	C	Mini Lakers		
February	Sunday	02	1pm to 4pm	Nipissing	C2	U17B Truswell	Strength & Conditioning AFTER practice	
February	Tuesday	04	7pm to 9pm	Fricker	1	U17B Truswell		
February	Thursday	06	7pm to 9pm	Fricker	1	U17B Truswell		
February	Sunday	09	10:00am to 11:30am	Nipissing	C	Little Lakers		
February	Sunday	09	12pm to 1pm	Nipissing	C	Mini Lakers		
February	Sunday	09	1pm to 4pm	Nipissing	C2	U17B Truswell	Strength & Conditioning AFTER practice	OVA Tournament
February	Tuesday	11	7pm to 9pm	Fricker	1	U17B Truswell		
February	Thursday	13	7pm to 9pm	Fricker	1	U17B Truswell		
February	Sunday	16	10:00am to 11:30am	Nipissing	C	Little Lakers		

February	Sunday	16	12pm to 1pm	Nipissing	C	Mini Lakers		
February	Sunday	16	1pm to 4pm	Nipissing	C2	U17B Truswell	Strength & Conditioning AFTER practice	
February	Tuesday	18	7pm to 9pm	Fricker	1	U17B Truswell		
February	Thursday	20	7pm to 9pm	Fricker	1	U17B Truswell		
February	Sunday	23	10:00am to 11:30am	Nipissing	A	Little Lakers		
February	Sunday	23	11:30am to 12:30pm	Nipissing	A	Mini Lakers		
February	Sunday	23	12:30pm to 1:30pm	Nipissing	A2	U17B Truswell	No Strength & Conditioning	
February	Tuesday	25	7pm to 9pm	Fricker	1	U17B Truswell		
February	Thursday	27	7pm to 9pm	Fricker	1	U17B Truswell		
March	Sunday	01	10:00am to 11:30am	Nipissing	C	Little Lakers		
March	Sunday	01	12pm to 1pm	Nipissing	C	Mini Lakers		
March	Sunday	01	1pm to 4pm	Nipissing	C2	U17B Truswell	Strength & Conditioning AFTER practice	
March	Tuesday	03	7pm to 9pm	Fricker	1	U17B Truswell		
March	Thursday	05	7pm to 9pm	Fricker	1	U17B Truswell		
March	Sunday	08	10:00am to 11:30am	Nipissing	C	Little Lakers		
March	Sunday	08	12pm to 1pm	Nipissing	C	Mini Lakers		
March	Sunday	08	1pm to 4pm	Nipissing	C2	U17B Truswell	Strength & Conditioning AFTER practice	OVA Tournament
March	Tuesday	10	7pm to 9pm	Fricker	1	U17B Truswell		
March	Thursday	12	7pm to 9pm	Fricker	1	U17B Truswell		
March	Sunday	15	12pm to 1pm	Nipissing	C	Mini Lakers		
March	Sunday	15	10am to 3pm	Nipissing	C2	U17B Truswell	Strength & Conditioning AFTER Mini Lakers	
March	Sunday	22	10am to 2pm	Nipissing	C1	U17B Truswell	Strength & Conditioning AFTER Mini Lakers	
March	Sunday	22	12pm to 1pm	Nipissing	C	Mini Lakers		
March	Tuesday	24	7pm to 9pm	Fricker	1	U17B Truswell		
March	Thursday	26	7pm to 9pm	Fricker	1	U17B Truswell		
March	Tuesday	31	7pm to 9pm	Fricker	1	U17B Truswell		
April	Thursday	02	7pm to 9pm	Fricker	1	U17B Truswell		
April	Sunday	05	1pm to 4pm	Nipissing	C2	U17B Truswell	Strength & Conditioning AFTER practice	
April	Tuesday	07	7pm to 9pm	Fricker	1	U17B Truswell		
April	Thursday	09	7pm to 9pm	Fricker	1	U17B Truswell		
April	Tuesday	14	7pm to 9pm	Fricker	1	U17B Truswell		Provincials Apr 16-18